

# Biographical Description for The HistoryMakers® Video Oral History with Dr. Fred Parrott

PERSON

Parrott, Fred , 1934-

**Alternative Names:** Parrott, Fred , 1934-

**Life Dates:** December 22, 1934-

**Place of Birth:** Houston, Texas

**Residence:** Marina Del Rey, CA (from ? to ?)

**Occupations:** Foundation Executive; Gynecologist

## Biographical Note

Foundation executive and gynecologist Dr. Fred D. Parrott was born in Houston, Texas on December 22, 1934. After graduating from Jack Yates Public High School in 1944, Parrott enrolled at Howard University where he earned his B.S. degree in psychology in 1947. Following the completion of his undergraduate study, Parrott earned his M.S. degree in microbiology at the University of California, Los Angeles. During the early 1950s and during the Korean War, Parrott entered the Medical Service Corps of the United States Army , where he was stationed in Tokyo, Japan for two years while he worked as a bacteriologist. He also opened a tailor shop in Tokyo, fitting servicemen with Hong Kong made shirts. Parrott's first employment in the medical field was working as the territory manager for Wyeth Paramedical. In 1958, Parrott graduated from Meharry Medical College and became a fellow of the University of Minnesota Medical Center Department of Obstetrics and Gynecology. Parrott moved to Los Angeles, California upon graduating and did an internship at the Los Angeles County Hospital before becoming a fellow at the University of Minnesota. After completing his fellowship, Parrott returned to Los Angeles and began private practice.

In 1986, Parrott founded the Real Men Cook Foundation, whose mission was to increase the number of minority health care providers by awarding scholarships to students attending Historically Black College and University medical schools in the United States. In 1994, after being diagnosed with prostate cancer, Parrott founded the Real Men Cook Foundation Center for Early Detection of Prostate Cancer. The Foundation's goals expanded to increasing awareness and education of prostate cancer and prevention in inner city communities.

Parrott is a member of the American Medical Association, the National Medical

Association, the Los Angeles County Medical Association and the Charles R. Drew Medical Society. He is also a board member of the American Board of Obstetrics and Gynecology and a founding member of the National Prostate Cancer Coalition. Parrott is the recipient of the Back Heritage Award and President Medal of Honor from Howard University, and was awarded an honorary doctorate from Meharry Medical College.

Dr. Fred D. Parrott was interviewed by "The HistoryMakers" on July 7, 2007.

## Related Entries

**Parrott, Sr, Fred Douglass** [CHILDOf]  
Father

**Blue, Carroll Parrott** [SIBLINGOf]  
Sister

**Parrott, Henrietta** [GRANDCHILDOf]  
Grandmother (P)

**Parrott, Alex** [GRANDCHILDOf]  
Grandfather (P)

**Parrott, Mollie Carroll** [CHILDOf]  
Mother

**Jack Yates High School** [STUDENTOf]  
[from ? to ?]

**Howard University** [STUDENTOf]  
[from ? to 1947]

B.S.

**Meharry Medical College** [STUDENTOf]  
[from ? to ?]

**University of Southern California** [STUDENTOf]  
[from ? to ?]

M.S.

**Wyeth Pharmaceuticals** [EMPLOYEEOf]  
[from ? to 1958]

Territory Manager

**University of Minnesota. Medical School. Dept. of Obstetrics and Gynecology** [EMPLOYEEOf]  
[from ? to ?]

Fellow

**Real Men Cook Foundation** [MEMBEROf]  
Founder

**American Medical Association** [MEMBEROf]  
Member

**National Medical Association Foundation (U.S.)** [MEMBEROF]  
Member

**Los Angeles County Medical Association** [MEMBEROF]  
Member

**Charles R. Drew Medical Society** [MEMBEROF]  
Member

**American Board of Obstetrics and Gynecology** [MEMBEROF]  
Board Member

**National Prostate Cancer Coalition** [MEMBEROF]  
Co-founder