

Biographical Description for The HistoryMakers® Video Oral History with Dr. Fred Parrott

PERSON

Parrott, Fred, 1934-

Alternative Names: Dr. Fred Parrott; Fred D. Parrott

Life Dates: December 22, 1934-

Place of Birth: Houston, Texas, USA

Work: Marina del Rey, CA

Occupations: Gynecologist; Foundation Executive

Biographical Note

Foundation executive and gynecologist Dr. Fred D. Parrott was born in Houston, Texas on December 22, 1934. After graduating from Jack Yates High School in 1944, Parrott enrolled at Howard University where he earned his B.S. degree in psychology in 1947. Following the completion of his undergraduate study, Parrott earned his M.S. degree in microbiology at the University of California, Los Angeles. During the early 1950s and during the Korean War, Parrott entered the Medical Service Corps of the United States Army, where he was stationed in Tokyo, Japan for two years while he worked as a bacteriologist. He also opened a tailor shop in Tokyo, fitting servicemen with Hong Kong made shirts. Parrott's first employment in the medical field was working as the territory manager for Wyeth Pharmaceutical. In 1958, Parrott graduated from Meharry Medical College and became a fellow of the University of Minnesota Medical Center Department of Obstetrics and Gynecology. Parrott moved to Los Angeles, California upon graduating and did an internship at the Los Angeles County Hospital before becoming a fellow at the University of Minnesota. After completing his fellowship, Parrott returned to Los Angeles and began private practice.

In 1986, Parrott founded the "Real Men Cook" Foundation, whose mission was to increase the number of minority health care providers by awarding scholarships to students attending Historically Black College and University medical schools in the United States. In 1994, after being diagnosed with prostate cancer, Parrott founded the Real Men Cook Foundation Center for Early Detection of Prostate Cancer. The Foundation's goals expanded to increasing awareness and education of prostate cancer and prevention in inner city communities.

Parrott is a member of the American Medical Association, the National Medical Association, the Los Angeles Country Medical Association and the Charles R. Drew

Medical Society. He is also a board member of the American Board of Obstetrics and Gynecology and a founding member of the National Prostate Cancer Coalition. Parrott is the recipient of the Back Heritage Award and President Medal of Honor from Howard University, and was awarded an honorary doctorate from Meharry Medical College.

Dr. Fred D. Parrott was interviewed by The HistoryMakers on July 7, 2007.

Related Entries

Jack Yates High School [STUDENTOF]
[from ? to ?]

Howard University [STUDENTOF]
[from ? to ?]

B.S.

Meharry Medical College [STUDENTOF]
[from ? to ?]

University of California, Los Angeles [STUDENTOF]
[from ? to ?]

M.S.

Wyeth Pharmaceuticals [EMPLOYEEOF]
[from ? to 1958]

Territory Manager

University of Minnesota Medical Center [EMPLOYEEOF]
[from ? to ?]

Fellow

Los Angeles County Hospital [EMPLOYEEOF]
[from ? to ?]

Intern

Morningside Hospital [EMPLOYEEOF]
[from ? to ?]

Obstetrician and Gynecologist

Real Men Cook Foundation [MEMBEROF]
[from ? to ?]

Founder

American Medical Association [MEMBEROF]
[from ? to ?]

Member

National Medical Association (NMA) [MEMBEROF]

[from ? to ?]

Member

Los Angeles County Medical Association [MEMBEROF]

[from ? to ?]

Member

Charles R. Drew Medical Society [MEMBEROF]

[from ? to ?]

Member

American Board of Obstetrics and Gynecology [MEMBEROF]

[from ? to ?]

Board Member

National Prostate Cancer Coalition [MEMBEROF]

[from ? to ?]

Co-founder

Alpha Phi Alpha Fraternity [MEMBEROF]

[from ? to ?]

Dean of Pledges

100 Black Men of Los Angeles, Inc. [MEMBEROF]

[from ? to ?]