## Overview of the Collection

**Repository:** The HistoryMakers®
1900 S. Michigan Avenue
Chicago, Illinois 60616
info@thehistorymakers.com
www.thehistorymakers.com

**Creator:**
Ashmore-Hudson, Anne, 1942-

**Title:**
The HistoryMakers® Video Oral History Interview with Anne Ashmore-Hudson,

**Dates:**
August 1, 2003

**Bulk Dates:**
2003

**Physical Description:**
5 Betacame SP videocassettes (2:24:40).

**Abstract:**
Clinical psychologist Anne Ashmore-Hudson (1942 - ) is the founder Urban Psychological Associates. Anne Ashmore-Hudson has taught at San Francisco State University, was a visiting scholar at the E. Franklin Frazier Institute for Social Research in the School of Social Work at Howard University, and was a visiting fellow of the W. E. B. Du Bois Institute at Harvard University. Ashmore-Hudson was interviewed by The HistoryMakers® on August 1, 2003, in Washington, District of Columbia. This collection is comprised of the original video footage of the interview.

**Identification:**
A2003_176

**Language:**
The interview and records are in English.

## Biographical Note by The HistoryMakers®

Psychologist Anne Ashmore-Hudson was born on June 23, 1942, in Atlanta, Georgia, to Willie Mae, a businesswoman, and Clifford Ashmore, executive vice principal of Grady High School. Ashmore-Hudson received his B.A. degrees in English and psychology from Spelman College in Atlanta in 1963, and his M.A. and Ph.D. degrees in clinical psychology in 1979 from the University of
California, Berkeley.

A licensed clinical psychologist, Ashmore-Hudson founded, and for eight years was president, of Urban Psychological Associates in Brookline, Massachusetts, the first minority firm in the Northeast to contract with industry to provide employee assistance services. A valued member of academia, Ashmore-Hudson was a visiting scholar at the E. Franklin Frazier Institute for Social Research in the School of Social Work at Howard University, where she focused on the link between present-day psychopathology and the psychological trauma of slavery. Ashmore-Hudson also taught at San Francisco State University and Boston College, and was a visiting fellow of the W. E. B. Du Bois Institute at Harvard University from 1985 to 1987.

Ashmore-Hudson served on the boards of the Washington Ballet; the Sasha Bruce Youthworks; the Massachusetts School of Professional Psychology; the United Way of Massachusetts; and the Roxbury Community College Foundation. Ashmore-Hudson also served as the president of the Potomac chapter of Links. Ashmore-Hudson's numerous honors included receiving the Clark-Atlanta University Civil Rights Award, and being named YWCA Volunteer of the Year. Ashmore-Hudson published articles in several magazines and journals, and was a popular guest lecturer, panel participant, and media consultant.

Ashmore-Hudson was married in 1990 to James L. Hudson; the couple raised one son, Alan Poussaint, and two stepdaughters, Ayanna and Julia Hudson.

Scope and Content

This life oral history interview with Anne Ashmore-Hudson was conducted by Larry Crowe on August 1, 2003, in Washington, District of Columbia, and was recorded on 5 Betacame SP videocassettes. Clinical psychologist Anne Ashmore-Hudson (1942 - ) is the founder Urban Psychological Associates. Anne Ashmore-Hudson has taught at San Francisco State University, was a visiting scholar at the E. Franklin Frazier Institute for Social Research in the School of Social Work at Howard University, and was a visiting fellow of the W. E. B. Du Bois Institute at Harvard University.

Restrictions

Restrictions on Access
Restrictions may be applied on a case-by-case basis at the discretion of The HistoryMakers®.

**Restrictions on Use**

All use of materials and use credits must be pre-approved by The HistoryMakers®. Appropriate credit must be given. Copyright is held by The HistoryMakers®.

---

**Related Material**

Information about the administrative functions involved in scheduling, researching, and producing the interview, as well as correspondence with the interview subject is stored electronically both on The HistoryMakers® server and in two databases maintained by The HistoryMakers®, though this information is not included in this finding aid.

---

**Controlled Access Terms**

This interview collection is indexed under the following controlled access subject terms.

**Persons:**

- Ashmore-Hudson, Anne, 1942-
- Crowe, Larry (Interviewer)
- Stearns, Scott (Videographer)

**Subjects:**

- African Americans--Interviews
- Ashmore-Hudson, Anne, 1942---Interviews
- Clinical psychologists--Interviews
African American scholars--Interviews

African American college teachers--Interviews

W.E.B. Du Bois Institute for Afro-American Research

Student protesters--Georgia--Atlanta--Interviews

Blacks--Race identity--United States

Low-income parents--Washington (D.C.)

Popular culture in America

Racism--Georgia--Atlanta

Organizations:

HistoryMakers® (Video oral history collection)

The HistoryMakers® African American Video Oral History Collection

Occupations:

Clinical Psychologist

HistoryMakers® Category:

CivicMakers

Administrative Information

Custodial History
Interview footage was recorded by The HistoryMakers®. All rights to the interview have been transferred to The HistoryMakers® by the interview subject through a signed interview release form. Signed interview release forms have been deposited with Jenner & Block, LLP, Chicago.

Preferred Citation


Processing Information

This interview collection was processed and encoded on 2/5/2020 by The HistoryMakers® staff. The finding aid was created adhering to the following standards: DACS, AACR2, and the Oral History Cataloging Manual (Matters 1995).

Other Finding Aid

A Microsoft Access contact database and a FileMaker Pro tracking database, both maintained by The HistoryMakers®, keep track of the administrative functions involved in scheduling, researching, and producing the interview.

Detailed Description of the Collection

Series I: Original Interview Footage

Video Oral History Interview with Anne Ashmore-Hudson, Section A2003_176_001_001, TRT: 0:28:15 2003/08/01

Psychologist Anne Ashmore-Hudson shares her family background and memories of her childhood in Atlanta, Georgia. Ashmore-Hudson describes her parents and her brother, and talks about her nurturing neighborhood in Atlanta. She also recalls her and her brother's encounters with racism and her family's connection to slavery. Clinical psychologists--Interviews. African American scholars--Interviews.
Psychologist Anne Ashmore-Hudson details her educational experience, from elementary school in Atlanta, Georgia, to her choice of colleges. Ashmore-Hudson contrasts the different kinds of school she attended -- public school and Catholic school in Atlanta, and a private boarding school in North Carolina. Ashmore-Hudson then explains her decision to attend Spelman College and details her participation in student-led sit-in demonstrations at Atlanta's City Hall. She recalls her time spent in jail because of the protests and describes the black community's reactions to the student efforts.

Psychologist Anne Ashmore-Hudson continues to discuss her activism at Spelman College, and names influential professors from her undergraduate years. Ashmore-Hudson also talks about her time spent in Malawi as part of Spelman's Crossroads Africa program. Ashmore-Hudson then explains her interest in social work, talking about her masters study at Simmons College of Social Work and her social work in the San Francisco Bay Area. Ashmore-Hudson then explains her decision to earn a Ph.D. in psychology at University of California at Berkeley and then details her role in jury selection for Angela Davis's trial.

Psychologist Anne Ashmore-Hudson details her career as a psychologist, particularly her primary interests in research and practice. Ashmore-Hudson explains the topic of her dissertation, impact theory, and talks about the role
that empathy and emotion play in human thought. Ashmore-Hudson also talks about racial identity and shares her hopes and concerns for the black community.

Video Oral History Interview with Anne Ashmore-Hudson, Section A2003_176_001_005, TRT: 0:29:30 2003/08/01

Psychologist Anne Ashmore-Hudson discusses her family, including her children, step-children, and her role in co-parenting two young, low-income children in Washington, D.C. Ashmore-Hudson comments on her divorce and remarks on divorce in today's society. She then reflects on effects of popular culture on the black community and emphasizes the impact that individuals can make, citing activist Robert Moses as an example.